

## Divorce and Annulments

After a Catholic goes through a divorce, they often find themselves in the middle of a world swimming with information leading to confusion about practicing the faith. The truth is that your Catholic faith is the very key to your healing after a divorce and is vital to living a life filled with promise, peace, and joy.

Our Parish priests and several of our deacons are always ready to help you work through your questions which are shared by many other Catholics who have gone through a divorce. As members of the Catholics Returning Home Ministry we can help you find the right person to meet with when you are ready to take this step.

There are many resources for you to use to understand Catholic teachings related to Divorce and annulments. We have provided some of these below.

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### **United States Conference of Catholic Bishops (USCCB)**

Information on Marriage and Annulments. This site includes easy to read answers to the following questions related to divorce:

- How does the Church view divorce?
- Are divorced people excommunicated from the Catholic Church?
- May a divorced Catholic receive Holy Communion?
- What support does the Church offer to divorced persons?
- I am a divorced Catholic who would like to remarry in the Catholic Church. What do I need to do?
- I am divorced. I am not a Catholic but I plan to marry a Catholic. We have been told that I need to obtain an annulment before we can marry in the Catholic Church. I do not understand this since I was not married in the Catholic Church.

Web Address: [foryourmarriage.org/catholic-marriage/church-teachings/](http://foryourmarriage.org/catholic-marriage/church-teachings/)

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## **DivorcedCatholic.com**

A leading organization committed to helping divorced Catholics. You will find answers to common questions related to Church teachings and other materials which are intended to help you live your Catholic faith after a divorce or separation

Find answers to these questions and more:

- Am I still welcome in the Church?
- Can I receive communion?
- What is an annulment and why do I need one?
- What does the Church teach about divorce and remarriage?
- I feel like an outcast. How can I cope?

Web Address: [divorcedcatholic.com](http://divorcedcatholic.com) Click on the “answer” tab from home page

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## **Catholics Come Home**

This organization has assembled many materials to guide returning Catholics back to full participation in the Church. Among other resources on this site you will find some links to books and resources which may be helpful as you wrestle through your questions and seek healing from divorce.

Web Address: [catholicscomehome.org/divorce-annulments/](http://catholicscomehome.org/divorce-annulments/)

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## **Parish Contact information**

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